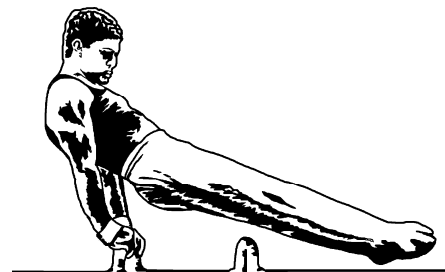


Blue Ridge Invitational North Carolina Boys Qualifier Final Session Information

Place: Blue Ridge Gymnastics Academy
391 Figsboro Rd. Martinsville, Va. 24112
Gym: 276-666-1001 Fax: 276-632-9199
E-mail: brgym@kimbanet.com
www.blueridgegym.com



Date: December 10 - 11 , 2011

FINAL Session Times

Saturday

Session 1 All level 6,7,8,9, & 10's (33)

Optional's begin FX, PH, SR 6's begin V, PB,HB
Coaches note you may need 2 coaches for this session

12:00 PM Open Stretch
12:30 March-in
12:40 Warm-up 1st event Capital cup modified
12:50 Competition 1st Event competition
Awards to follow competition

Session 2 All Level 5's (36)

Capital cup modified Warm-up/compete
5:00 PM Open Stretch
5:30 - 5:40 Timed Warm-up
5:40 – 8:00 Competition
Awards to follow the competition

Sunday

Session 3 All Level 4's (52)

Capital cup modified Warm-up/compete
9:00 am Open Stretch
9:30 Timed Warm-up / Then 1st event Competition
Awards to follow competition

Coach's hospitality will be available along with concessions on the second floor. There will also be an area for video recording at no additional charge. (Space in the area will be limited. First come first served.)

Hotels:

Jameson Inn
387 Commonwealth Blvd
Cont Breakfast 800-jameson 276-638-0478

Quality Inn, Dutch Inn 276-647-3721
US Hwy 220 N Business Collinsville
Weight room , Buffet Breakfast , Bar

Comfort Inn
1895 Virginia Avenue, Martinsville, VA
(276) 666-6835 1-800-4choice

Hampton Inn
50 Hampton Drive
276-647-4700 1-800-hhonors

All hotels are within 3 miles of the gym with plenty of food places close by.

Directions and session information may be obtained at www.blueridgegym.com