

4th Annual Boudreaux Classic

Hosted by Foothills Gymnastics

November 20 – 21, 2010

Foothills Gymnastics Training Center

920 29th Ave NE

Hickory, NC 28601

www.foothillsgym.com

Phone: 828-328-3794

FINAL SCHEDULE

Saturday, November 20, 2010

Session One: Levels 8, 9, 10 (52)

Capitol Cup Format

8:00-8:20am *Open Stretch*

8:20-8:30am *Warm-up 1st event*

8:30-8:40am *National Anthem/Intros*

8:40-12:00pm *Competition*

12:00pm *Awards*

Session Two: Levels 6 and 7 (52)

Capitol Cup Format

12:30-12:50pm *Open Stretch*

12:50-1:00pm *Warm-up 1st event*

1:00-1:10pm *National Anthem/Intros*

1:10-4:30pm *Competition*

4:30pm *Awards*

Session Three: Level 5 (50)

Capitol Cup Format

5:00-5:20pm *Open Stretch*

5:20-5:30pm *Warm-up 1st event*

5:30-5:40pm *National Anthem/Intros*

5:40-8:30pm *Competition*

8:30pm *Awards*

Sunday, November 21, 2010

Session Four: Level 4 (39)

Capitol Cup Format

9:00-9:20am *Open Stretch*

9:20-9:30am *National Anthem/Intros*

9:30-11:15pm *Warm-ups and Competition*

11:15pm *Awards*

Host Hotels: *Information can be found on [Meet Maker](#)*