

# Blue Ridge Invitational

## North Carolina Boys Qualifier

### Final Session Information

**Place:** Blue Ridge Gymnastics Academy  
 391 Figsboro Rd. Martinsville, Va. 24112  
 Gym: 276-666-1001 Fax: 276-632-9199  
 E-mail: [brgym@kimbanet.com](mailto:brgym@kimbanet.com)

[www.blueridgegym.com](http://www.blueridgegym.com)



**Date:** December 11, 2010

<p><b>FINAL Session Times</b></p> <p><b>Saturday</b> Dec. 11<sup>th</sup></p> <p><u>Session 1</u> All level 4's ,7 , 8, 9, 10</p> <p>Modified Capital cup format</p> <p>11:00 AM Open Stretch          11:20 1<sup>st</sup> Event warm-up 11:30 Competition Begins          3 events at a time          Awards to follow competition</p> <p><u>Session 2</u> All Level 5 &amp; 6</p> <p>Modified Capital cup format</p> <p>3:00 PM Open Stretch          3:20 1<sup>st</sup> event warm-up Competition to follow</p> <p>Awards to follow the competition</p>	<p>Coach's hospitality will be available along with concessions on the second floor. There will also be an area for video taping at no additional charge. (Space in the area will be limited. First come first served.)</p> <p><b>Hotels:</b></p> <p>Jameson Inn          387 Commonwealth Blvd          Cont Breakfast 800-jameson 276-638-0478</p> <p>Dutch Inn 276-647-3721          US Hwy 220 N Business Collinsville          Weight room , Buffet Breakfast , Bar</p> <p>Hampton Inn 1-276-647-4700          US Hwy 220 S Business Collinsville          Continental Breakfast</p> <p>All hotels are within 3 miles of the gym with plenty of food places close by.</p>
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Directions To BRGA Or go to [www.blueridgegym.com](http://www.blueridgegym.com) for directions and gym Information

From the North: I-81 South to Roanoke exit onto 220 South and Travel Approx. 1 hour. At Martinsville Collinsville Exit onto 220 South Business. At 1<sup>st</sup> light Turn Left (Rt. 174) At Rt. 108 ( Figsboro Rd. ) turn Left. Gym is 200 yds down on the left.

From the South: Take 68 north from the airport( Greensboro Triad) to 220 North take the by pass toward Roanoke. At the Martinsville / Collinsville Exit 220 South Business . Follow the directions above.

From the East: Take 58 East thru Danville pass the Hardee's Turn right at the light. Follow the "to 174" signs. ( also signs to Patrick Henry Community college) Once on Rt. 174 Turn right onto Rt. 108 ( Figsboro Rd. Gym is 200 yards up on the left.