



**Greensboro Gymnastics Invitational 2010**  
**Hosted by Flip Force Gymnastics**  
**Feb. 12 – 14, 2010**

**Meet Location:**

Greensboro Coliseum – Special Events Center  
1921 West Lee Street  
Greensboro, NC 27403

[http://www.greensborocoliseum.com/guest\\_services/directions](http://www.greensborocoliseum.com/guest_services/directions)

**Opening Night Schedule**

**Friday, Feb. 12<sup>th</sup>**

**Open Training 4:00 p.m. – 5:30 p.m.**

***Opening Ceremonies, Grand March In, Exhibition & Show***  
**5:45 p.m. – 7:00 p.m.**

**Open Training 7:00 – 9:00 p.m.**

***Exhibition & Show Guests***

**Jason Gatson – 2004 Olympic Silver medalist**  
**Justice Frangipane – Trampoline Champion**  
**Leigha Hancock – 2008 NC State Athlete of the Year, stunt double for**  
**“Make it or Break it” TV show**  
**Carlton Morris – 2006 Special Olympic gold medalist**  
**Chris Young – 1999 World Championship Team Member**  
**Beau Davis - Tumbling Exhibition.**

***Tickets for Friday night Exhibition***

**Athlete and Parents Free**

**General Public**

**Adults -- \$5**

**Children 12 & under -- \$3**

**Open Training 7:00 p.m. – 8:30 p.m. (Gyms assigned)**

**Tickets for Saturday and Sunday Competition**

**Adults - \$12**

**Children (12 – 6) - \$6**

**Children 5 & under – Free**

***Coliseum Parking \$7***

# BOY'S COMPETITION SCHEDULE

## FINAL SCHEDULE

**Greensboro Coliseum Special Events Center**  
**1921 West Lee Street**  
**Greensboro, NC 27403**

### Saturday, February 13<sup>th</sup>, 2010

#### Session 1: Levels 6 and 7

8:00	Warm Up
8:15	National Anthem
8:30	Competition
	Awards to Follow

#### Session 2: Levels 8, 9, and 10

12:30	Warm Up
12:45	Competition
	Awards to Follow

#### Session 3: Level 5 (all)

5:15	Warm Up
5:30	Competition
	Awards to Follow

### Sunday, February 14<sup>th</sup>, 2010

#### Session 4: Level 4 (Ages 6–7 year olds, 10 – 11 year olds, and 12 year olds)

9:00	Warm Up
9:15	Competition
	Awards to Follow

#### Session 5: Level 4 (Ages 8–9 year old ONLY!)

12:00	Warm Up
12:15	Competition
	Awards to Follow

# Hotel Information

**Downtown Marriott Hotel**

304 N. Greene Street  
Greensboro, NC 27401  
336-379-8000  
\$84/night  
**Coaches Hospitality Center**

**Greensboro High Point Marriott**

One Marriott Drive  
Greensboro, NC 27409  
336-852-6450  
\$84/night  
**Athlete Hospitality/Reception Center**

**Courtyard Marriott**

4400 West Wendover Ave.  
Greensboro, NC 27407  
336-294-3800  
\$82/night

**Springhill Suites by Marriott**

6006 Landmark Center Blvd.  
Greensboro, NC 27407  
336-809-0909  
\$84/night

**Fairfield Inn & Suites**

4308 Big Tree Way  
Greensboro, NC 27409  
336-369-1300  
\$80/night